



Bartle 2025 Sample Dietary Menu (Gluten Free)
All Breakfasts: Juice, milk, assorted cereals, oatmeal, bagels, fruit
All Lunch & Dinners: Salad bar, peanut butter/jelly, bagels & fruit

SAMPLE	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9	Day 10
Breakfast		Cinnamon Raisin Bread Syrup Margarine Sausage Links GF Cereal Milk Juice	Biscuit Sausage Gravy Jelly GF Cereal Milk Juice	Scrambled Eggs w/ cheese Bacon Muffin Cake- use BOHO GF Cereal Milk Ketchup Juice	GF/DF Pancakes Syrup Margarine Sausage Patty GF Cereal Milk Juice	KATS Honey Bun GF Cereal Milk Juice	Biscuit Egg Patty Bacon Round Cheese Hashbrown Patty GF Cereal Milk Juice	Biscuit Sausage Gravy Jelly GF Cereal Milk Juice	GF/DF Pancakes Sausage link Potato Wedges GF Cereal Milk Juice	Cinnamon Roll GF Cereal Milk Juice
Key: Regular Menu Substitution										
Lunch	Staff Brunch 10:00	GF Breaded Chicken GF Bun Sliced Pickles Mac Salad Chips Pudding Mayo, Mustard	GF Corn Dog Potato Salad Broccoli w/GF-DF Ketchup / Mustard GF/DF Choc Chip	GF Chicken bites GF/DF Mac & cheese BBQ Sauce Watermelon	Sloppy Joe GF Bun Sliced Pickles Tots Ketchup GF/DF Confetti Cake	Visitor Day No Meal	Meatball Sub GF hot dog bun Mozz Cheese Corn Chips Carrots/Ranch Pudding	Soft Tacos GF Tortillas Queso Rice Lettuce, Cheese Salsa, Sour Cream Tortilla Chips Churro	Cheese Burger GF Bun French Fries Lettuce tom pickle Condiments GF Oreo	
Dinner		GF Penne w/ meat sauce Bread Stick Corn Parm cheese Cake Ice Cream Bar	Meatloaf Mashed Potatoes Gravy Corn GF Brownie	Smoked Sausage GF hot dog Bun Chips Condiments GF Oreo Lemonade	Salisbury Steak Mashed Potatoes Gravy Corn Roll Margarine Ice Cream Cup	Visitors Day No Meal	Pulled BBQ Pork Baked Beans Cole Slaw GF Sliced Bread BBQ Sauce/s Sliced Pickles Rice Crispy w/gf cereal	Chicken Alfredo GF pasta Bread Stick Roasted Carrots Parm cheese Fruit Dump Cake	GF Pizza Ice Cream bar/cup	

Menu subject to change without notice