On the Loose
Heart of America Council
Camping & High Adventure
Guidebook

Everything you need to know about more than 90 of the best camps in the region

Including more than 60 High Adventure opportunities

Images courtesy of:
http://i4.ytimg.com/vi/obn8RVYszzM/mgdefault.jpg
http://www/sccovington.com/philmont/trek_info/equipment/tents.htm

This is a publication of Tamegonit Lodge, the Order of the Arrow lodge affiliated with the Heart of America Council, BSA.
Updated: December 2012
Additional copies of this publication are available through the
Program Services Department at the Heart of America Council Scout Service Center
10210 Holmes Road
Kansas City, Missouri 64131
Phone: (816) 942-9333
Toll Free: (800) 776-1110
Fax: (816) 942-8086
Online: www.hoac-bsa.org

• Travel Centers for Each State
• Tour Plan
• BSA Health Form
• Unit Money-Earning Application
• Historic Trails Award Application
• 50-Miler Award Application
• Coup of the Far Traveler Award Application
• Coup of the Long Trail Award Application
• User Survey
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| Missouri   | Missouri Division of Tourism  
|            | PO Box 1055  
|            | Jefferson City, MO 65102                                                 |
| Montana    | Montana Department of Commerce  
|            | 1424 9th Ave.  
|            | PO Box 200533  
|            | Helena, MT 59620-0533                                                   |
| Nebraska   | Nebraska Tourism Office  
|            | PO Box 98907  
|            | Dept. 9INT  
|            | Lincoln, NE 68509-8907                                                  |
| Nevada     | Nevada Commission on Tourism  
|            | 401 North Carson St.  
|            | Carson City, NV 89701                                                   |
| New Hampshire | New Hampshire Office of Tourism  
|            | PO Box 1856  
|            | Concord, NH 03302                                                       |
| New Jersey | New Jersey Commerce and Economic Growth Commission  
|            | PO Box 820  
|            | 20 W. State St.  
|            | Trenton, NJ 08625                                                       |
| New Mexico | New Mexico Department of Tourism  
|            | 491 Old Santa Fe Trail  
|            | PO Box 20002  
|            | Santa Fe, NM 87501                                                      |
| New York   | New York Department of Tourism  
|            | PO Box 2603  
|            | Albany, NY 12220-0603                                                   |
| North Carolina | North Carolina Department of Commerce  
|            | 301 N. Wilmington St.  
|            | Raleigh, NC 27601                                                       |
| North Dakota | North Dakota Tourism  
|            | Liberty Memorial Building  
|            | 604 East Boulevard  
|            | Bismark, ND 58505-0825                                                  |
| Ohio       | Ohio Department of Commerce  
|            | 77 South High St  
|            | 23rd Floor  
<p>|            | Columbus, OH 43266-0544                                                  |</p>
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            20 N. Robinson Avenue, 6th Floor  
            PO Box 52002  
            Oklahoma City, OK 73152-2002 |
| Oregon    | Oregon Tourism Commission  
            775 Summer St, NE  
            Salem, OR 97310 |
| Pennsylvania | Pennsylvania Tourism Office  
            Dept. of Community & Economic Development  
            4th Floor, Commonwealth Keystone Building  
            400 North Street  
            Harrisburg, PA 17120 |
| Rhode Island | Rhode Island Economic Development Corporation  
            Tourism Division  
            One West Exchange St.  
            Providence, RI 02903 |
| South Carolina | South Carolina Department of Parks, Recreation and Tourism  
            1205 Pendleton St  
            Suite 106  
            Columbia, SC 29201 |
| South Dakota | South Dakota Department of Tourism  
            711 East Wells Ave.  
            c/o 500 East Capitol Ave.  
            Pierre, SD 57501-5070 |
| Tennessee | Tennessee Department of Tourist Development  
            Rachel Jackson State Office Building  
            320 Sixth Ave., 5th Floor  
            Nashville, TN 37243 |
| Texas | Texas Dept. of Economic Development  
            PO Box 12728  
            Austin, TX 78711 |
| Utah | Utah Travel Council  
            Council Hall  
            Capitol Hill  
            Salt Lake City, UT 84114 |
| Vermont | Vermont Agency of Commerce and Community Development  
            Department of Tourism and Marketing  
            6 Baldwin St., Drawer 33  
            Montpelier, VT 05603-1301 |
| Virginia | Virginia Tourism Corporation  
            901 E. Byrd St.  
            Richmond, VA 23219 |
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BSA National Tour Plan

Information on the Tour Plan can be found at www.hoac-bsa.org. Click on “Tour Plan” on the front page of the council website.

Tour Plan

The “Adventure of Scouting” ... Every Cub, Scout and Venturer delights in the adventure of a hike in the woods. They love to explore caves, climb hills, float a new river, and travel to unknown territory. These adventures become positive, memorable experiences for our young members only when a unit holds to the Scout Motto....“Be Prepared.” The Tour Plan is designed to help ensure that your unit is properly prepared to handle the risk factors of your adventure, that qualified and trained leadership is in place, and that the right equipment is available for the adventure of a lifetime.

To assist in the development of your Tour Plan, it should be filed at the Council Service Center at least THREE WEEKS (21 days) in advance of the trip and is required for the following trips:

- Trips of 500 miles or more
- Trips outside of council borders
- Trips to any national high-adventure base, national Scout jamboree, National Order of the Arrow Conference, the Summit Bechtel Scout Reserve or a regionally sponsored event.
- When conducting any of the following unit activities not associated with a council or district event:
  - Aquatics activities (swimming, boating, floating, scuba, etc.)
  - Climbing and rappelling
  - Orientation flights (process flying plan)
  - Shooting sports
  - Any activities involving motorized vehicles as part of the program (snowmobiles, boating, etc.)
  - At a council’s request
- Trips to facilities that require a Tour Plan, such as military bases, state parks, etc.
- When units have pre-registered to attend a Heart of America Council or district event (Camporees, Summer Camp, Day Camp, Webelos Camp, etc.) a Tour Plan is not required.

HOW TO FILE YOUR TOUR PLAN

All Tour Plans are to be filed electronically through MyScouting.org. A link to the Tour Plan is found at the upper right-hand corner of the front page of the Council Website at hoac-bsa.org. There is a video tutorial as well as resource links on this site to assist you in the process to complete your tour plan. Link to answers to frequently asked questions (FAQs).

Other Resources

Tours and Expeditions (#33737), Guide to Safe Scouting (available online from our website) are excellent publications at the BSA, which explain the approved methods for planning and conducting safe Scouting activities.

BSA Health Form – Because the Health form is subject to change at any time, we have NOT provided a copy of it in this publication. The most current version can be found online at the council website at www.hoac-bsa.org in our Camping Resources section.
UNIT MONEY-earning APPLICATION

Applications are not required for council-coordinated money-earning projects such as popcorn sales or Scout show ticket sales.

Please submit this application to your council service center at least two weeks in advance of the proposed date of your money-earning project. Read the 10 guides on the other side of this form. They will help you in answering the questions below.

☐ Pack
☐ Troop
☐ Team
☐ Crew

Chartered Organization __________________________

District __________________________

Submit the following plans for its money-earning project and requests permission to carry them out.

What is your unit’s money-earning plan? _______________________________________________________

About how much does your unit expect to earn from this project? ________ How will this money be used? ________

Does your chartered organization give full approval for this plan? __________________________

What are the proposed dates? _________________________________________________________________

Are tickets or a product to be sold? Please specify. ____________________________________________

Will your members be in uniform while carrying out this project? (See items 3–6 on other side.)

Have you checked with neighboring units to avoid any overlapping of territory while working? __________________________

Is your product or service in direct conflict with that offered by local merchants? __________________________

Are any contracts to be signed? ________ If so, by whom? __________________________

Give details.

Is your unit on the budget plan? ________ How much are the dues? __________________________

How much does your unit have in its treasury? __________________________

Signed __________________________
(Chaired Organization Representative)

Signed __________________________
(Unit Leader)

Chairman, Unit Committee __________________________
(Chairman of the Chairman)

FOR USE OF DISTRICT OR COUNCIL FINANCE COMMITTEE:

Telephone __________________________

Approved by __________________________

Date __________________________

Approved subject to the following conditions __________________________

2007 Boy Scouts of America
GUIDES TO UNIT MONEY-earning PROJECTS
A unit’s money-earning methods should reflect Scouting’s basic values. Whenever your unit is planning a money-earning project, this checklist can serve as your guide. If your answer is “Yes” to all the questions that follow, it is likely the project conforms to Scouting’s standards and will be approved.

1. Do you really need a fund-raising project?
   All commercial products must sell on their own merits, not the benefit received by the Boy Scouts. The principle of value received is critical in choosing what to sell.

2. If any contracts are to be signed, will they be signed by an individual, without reference to the Boy Scouts of America and without binding the local council, the Boy Scouts of America, or the chartered organization?
   Before any person in your unit signs a contract, he must make sure the venture is legitimate and worthy. If a contract is signed, he is personally responsible. He may not sign on behalf of the local council or the Boy Scouts of America, nor may he bind the chartered organization without its written authorization. If you are not sure, check with your district executive for help.

3. Will your fund-raiser prevent promoters from trading on the name and goodwill of the Boy Scouts of America?
   The nationwide network of Scouting units must not become a beehive of commercial interest.

4. Will the fund-raising activity uphold the good name of the BSA? Does it avoid games of chance, gambling, etc.?
   Selling raffle tickets or other games of chance is a direct violation of the BSA Rules and Regulations, which forbid gambling. The product must not detract from the ideals and principles of the BSA.

5. If a commercial product is to be sold, will it be sold on its own merits and without reference to the needs of Scouting?
   The local council is responsible for upholding the Charter and By-laws and the Rules and Regulations of the BSA. To ensure compliance, all unit fund-raisers MUST OBTAIN WRITTEN APPROVAL from the local council NO LESS THAN 14 DAYS before the fund-raising activity.

6. If a commercial product is to be sold, will the fund-raising activity comply with BSA policy on wearing the uniform?
   The official uniform is intended to be worn primarily for use in connection with Scouting activities. However, council executive boards may approve use of the uniform for any fund-raising activity. Typically, council popcorn sales or Scout show ticket sales are approved uniform fund-raisers.

7. Will the fund-raising project avoid soliciting money or gifts?
   The BSA Rules and Regulations state, “Youth members shall not be permitted to serve as solicitors of money for their chartered organizations, for the local council, or in support of other organizations. Adult and youth members shall not be permitted to serve as solicitors of money in support of personal or unit participation in local, national, or international events.” For example: Boy Scouts/Cub Scouts and leaders should not identify themselves as Boy Scouts/Cub Scouts or as a troop/pack participate in The Salvation Army’s Christmas Bell Ringing program. This would be raising money for another organization. At no time are units permitted to solicit contributions for unit programs.

8. Does the fund-raising activity avoid competition with other units, your chartered organization, your local council, and the United Way?
   Check with your chartered organization representative and your district executive to make certain that your chartered organization and the council agree on the dates and type of fund-raiser.

The local council is responsible for upholding the Charter and By-laws and the Rules and Regulations of the BSA. To ensure compliance, all unit fund-raisers MUST OBTAIN WRITTEN APPROVAL from the local council NO LESS THAN 14 DAYS before the fund-raising activity.
THE HISTORIC TRAILS PROGRAM

Love of America and devotion to our country depend upon a thorough appreciation of the ideals, principles, and traditions that have made our country strong. Historic Trails Award requirements emphasize cooperation between historic societies and Boy Scout, Varsity Scout, and Venturing units. A unit should establish a close relationship with a local society as soon as possible when planning a historic activity—most communities have such societies.

Reports from many units indicate that these societies have been eager to offer their cooperation by:

- Suggesting trails or sites that are suitable for unit historic activities and exploration
- Providing units with historic information about the trails or sites
- Offering guidance to units during restoration and marking projects
- Financing the cost of materials used by units for restoration and marking projects
- Staging historic pageants and ceremonies with unit participation
- Directing public attention to unit historic activities through newspapers, television, and radio

Trips outside council boundaries, trips of 500 miles or more, or trips that include aquatics, climbing/rappelling, or shooting sports components require a tour and activity plan to be submitted to the council. You can find more information here: www.scouting.org/scoutsource/HealthAndSafety/Alerts/TourActivityPlan.aspx.

Award Requirements
To earn the award, members of your unit must plan and participate in a historic activity. A unit historic activity requires members to:

1. Locate a historic trail or site and study information relating to it. (The information may be obtained from an adult historic society, public library, or people living near the trail or site.)
2. Hike or camp two days and one night along the trail or in the vicinity of the site.
3. Cooperate with an adult group such as a historic society to restore and mark all or part of this trail or site. (This may be done during the hike or overnight camp.) Or cooperate with such a group to plan and stage a historic pageant, ceremony, or other public event related to this trail or site—such an event should be large enough to merit coverage by the local press.

Your unit leader must then file the Historic Trails Award application with your local council service center.

Detach and send the report below to your local council service center.

HISTORIC TRAILS AWARD APPLICATION

(Note: Only chartered units may apply for this award. This award does not apply if any other award is available for this trip.)

To: Local Council Only (Do not send to national office.)

1. Name of historic trail or site covered

From: ____________________________ to ____________________________ (two days and one night required)

2. Type of historic observance, pageant, dedication, etc., in which unit participated

Off type of historic project carried out (such as erecting marker, plaque, sign, etc.)

(Note: Unit must have done either activity above.)

3. Name of local historic society or association with which the unit cooperated in this event

4. Total number of Boy Scouts, Varsity Scouts, Venturers, and leaders eligible for the Historic Trails Award

5. Enter our order for ______ embroidered awards, No. 198 ______ leather awards, No. 244

(Note: Embroidered and leather awards are not worn on uniforms but may be attached to tents, packs, or blankets)

Approved ____________________________

Address ____________________________

Phone ____________________________

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THE 50-MILER PROGRAM

The primary objective of this program is to stimulate Boy Scout, Varsity Scout, and Venturer interest in the ideals of the movement and to promote activity that will result in personal fitness, self-reliance, knowledge of wood lore, and a practical understanding of conservation.

Chartered unit participation is most desirable; however, provisional groups are eligible. This award does not apply if any other award is available for a trip.

The Boy Scout, Varsity Scout, or Venturing unit or provisional group must follow these rules for a 50-Miler trip:

- Select a suitable trail or waterway.
- Adult leaders 21 or older must make the entire trip.
- Trips outside council boundaries, trips of 500 miles or more, or trips that include aquatics, climbing/rappelling, or shooting sports components require a tour and activity plan to be submitted to the council. You can find more information here: www.scouting.org/scoutsources/Healthandsafety/Alergs/TourActivityPlan.aspx.

Award Requirements

The 50-Miler Award is presented to each qualifying individual for satisfactory participation in an approved trip. In order to qualify for the award, the group of which the individual is a member must fulfill all of the following requirements:

1. Make complete and satisfactory plans for the trip, including the possibilities of advancement.
2. Cover the trail or canoe or boat route of not less than 50 consecutive miles; take a minimum of five consecutive days to complete the trip without the aid of motors. (In some areas pack animals may be used.)
3. During the time on the trail or waterway, complete a minimum of 10 hours of each group work on projects to improve the trail, springs, campsite, portage, or area. If, after checking with recognized authorities, it is not possible to complete 10 hours each of group work on the trail, a similar project may be done in the unit’s home area (There should be no unauthorized cutting of brush or timber.)
4. Unit or tour leader must then file the 50-Miler Award application with the local council service center.

Detach and send the report below to your local council service center.

50-MILER AWARD APPLICATION

(Note: This award does not apply if any other award is available for this trip.)

To: Local Council Only (Do not send to national office.)

1. Name of trail or waterway_____________________________ (Do not send to national office.)
   From __________________ to __________________ (minimum of five consecutive days required)
   Date ___________ Date ___________

2. Trip was (check appropriate terms) I by boat I by canoe I on foot I by bicycle

3. Trail or waterway covered: from __________________ to __________________
   Starting point __________________
   Finishing point __________________
   Total mileage ___________ (must be at least 50 continuous miles)

4. This group completed 10 hours of trail work, as follows. (Give details as to type of Good Turn, such as clearing trail, repairing bridges, cleaning up campsites and springs, leaving wood supply, etc.)

5. Total Boy Scouts, Varsity Scouts, Venturers, and leaders eligible for the 50-Miler Award

6. Enter our order for ______ decal(s), No. 32261 ______ embroidered awards, No. 191 ______ staff shield, No. 14131
   (Contact your local council service center for current prices.)

Approved _____________________________

Unit or tour leader _____________________________

Address ___________ Phone ___________

453-067WB
2013 Printing
Coup of the Far Traveler Application

The Coup of the Far Traveler is awarded to Brotherhood or Vigil Honor members of Tamegonit Lodge who have taken part in any unit, district, or council group on any activity sponsored by the National Boy Scouts of America (National High Adventure, National Order of the Arrow Conference, national or World Jamoree’s, etc.) or a unit activity in which the 50-Miler Award of the Boy Scouts of America was earned. Such activity was to be a minimum of six (6) days and was to have had qualified leadership and positive scouting activities. Members are to have been good stewards of the Order of the Arrow and Tamegonit Lodge while on the trip.

This form must be obtained prior to the trip and a member must be a Brotherhood or Vigil Honor member before leaving. Before being eligible to receive this coup, a member must have paid their current dues to Tamegonit Lodge.

All requirements must be completed fully and may not be used to complete another coup. Please complete all fields fully before turning in coup at the Camp Naish Trading Post for recognition.

________________________________________
NAME ___________________________________

ADDRESS ___________________________________

CITY ___________________________ STATE _____ ZIP CODE _____

TROOP NUMBER _______ DISTRICT ________________

Ordeal Date ____ Brotherhood Date _____ Vigil Honor Date ______

Trip Activity ___________________________________

Date of Trip ___________________________________

Approval of Trip Leader BEFORE Leaving ________________

Approval upon Return by Trip Leader ________________

By signing here, you certify that you have completed all requirements for the Unit Election Team Coup.

Signature __________________________ Date ____________

BOY SCOUTS OF AMERICA

Updated March 2012
COUP OF THE LONG TRAIL

The Coup of the Long Trail is recognition by the Tribe of Mic-O-Say for all Warrior Tribesmen (18 years of age or under) and to all adult Warriors and Honored Women who participate in an approved camping adventure meeting certain requirements. Following are questions and answers to help you know how to earn the coup.

What is the first requirement to earn the coup?

You must obtain an application for the coup and have it signed by a representative of the Council BEFORE you go on the trip. The coup is not presented for taking a trip. It is presented for taking part in certain Mic-O-Say activities while you are on the trip. You wouldn’t know what activities you were to do while on the trip if you waited until you got back to get the information.

What kind of trip must I be on to earn the coup?

You must be a member of a unit, district or council group taking part in an activity sponsored by the National Council, Boy Scouts of America (Philmont, national canoe bases and national or world jamborees), or a unit activity outside of the Heart of America Council that lasts at least five consecutive days.

So, am I right that all I need to do is to take part in a trip like one described above and I have earned the coup?

No! The coup is not presented for taking a trip. It is presented for taking part in certain Mic-O-Say activities while you are on the trip.

How do I find out what activities I must do while on the trip?

You must obtain an application from one of the representatives of the Council listed on the next page. He will explain what you need to do while you are on the trip and then sign your application showing that you have received the information that you need.

I have 10 boys going. Do they all have to meet with the Council representative?

That would be the best. He could arrange to meet with you, maybe come to a troop meeting. If it isn’t possible for everyone to meet with him a leader that is going on the trip could obtain an application for any who could not make it and be responsible for informing them what they must do while on the trip.

Can a Brave earn the Coup of the Long Trail?

Yes he can earn the coup while he is a Brave but it will not be presented and he may not wear it until he becomes a Warrior.
Contact any of the following to obtain information and signed applications for your trip.

Blue Springs, MO
Jim Hayes
MM Fast Running Silver Fox
Home 816-228-9656
Work 913-315-3836
jwhayes@comcast.net

Thomas Latta
MM Running Beaver
Home 816-229-3626

Gladstone, MO
Fred Hack
MM Big Leaping Red Ember
Home 816-432-3036
Cell 816-210-2424
diner2003@netscape.net

Joe LaBella
MM Bright White Cloud
Home 816-436-9505
Work 816-221-2734
jlab1942@aol.com

Independence, MO
John Bullard
MM Big Flying White Baekle
Home 816-461-6446
barbjbr@micro.com

Meryn Grubb
MM Deep Flowing River
Home 816-373-4206
megrubb@comcast.net

Bruce Reed
MM Falling Red Flame
Home 816-373-0481
retired-in-04@sbglobal.net

John P. Ryan
MM Winging Black Hawk
Home 816-833-1141
Work 816-622-0636
johnryan@rvr.desmoines.gov

Ken Zelk
MM Trailing Blue Smoke
Home 254-9868
Work 816-373-4800
jz@cwtn-inc.com

Kansas City, MO
Fred DeFeo
MM Dancing Golden Firn
Home 816-942-0675
fgdefeo@aol.com

Kenneth Meulemans
MM Glowing Fire
Home 816-523-7783
kennethmeulemans55@hotmail.com

Richard Weiland
MM Walking Asking Bear
Home 816-523-4639
Work 816-804-6248
rweiland@kc.rr.com

Lake Winnebago, MO
Lester Ham
MM Four Shields
Work 816-777-5906
Cell 816-591-2208
lester.ham@callcenteroptions.com

Leawood, KS
Al Beitchman
MM Winged Comet
Home 913-685-4329
Work 913-685-1261
pproce@aol.com

Lee's Summit, MO
Richard Brown
MM Cranky Brown Bear
Home 816-524-5755
mrrbrown@yahoo.com

Bob Helberg
MM Helpful Trail Measurer
Home 816-524-3771
bhedberg@kc.rr.com

Barry Morris
MM Wooden Toam Maker
Home 816-525-2316
Work 816-803-9571
woodchips1@sbglobal.net

Lowry City, MO
Ronald K. Johnson
MM Talking Elk
Home 417-644-7505
ronjohnson.home@att.net

Osceola, MO
John Christiansen
MM Lonesome Mountain
Work 417-646-8115
jchrist@hughes.net

Olathe, KS
Russ Munyan
MM Burning Medicine
Cell 913-709-0300
Work 913-871-8419
russ@russwrites.com

Overland Park, KS
William Koch
MM Towering Cottonwood
Cell 816-718-9288

Shawnee, KS
Dave Woodman
MM Painted Elk
Home 913-422-7872
dwoodman@t.aol.com

Shawnee Mission, KS
Eugene Young
MM Falling Meteor
Home 913-722-1134
Work 913-722-6480
youngarchitect@kc.rr.com

Notice!
A meeting will be held each session in each camp for all tribesmen planning to earn the Coup of the Long Trail. You can get information and signed forms there.
Please take a few moments to answer the following questions and let us know what you experienced on your outing.

Area Visited (Please be specific – i.e. Monkey Mountain Park)
__________________________________________________________________

Time of Visit (month, season, etc): ________________________________

Were the accommodations what you expected? _______________________
__________________________________________________________________

What was most interesting about the area? __________________________
__________________________________________________________________

Would you recommend this area to other Scouters? _________________
__________________________________________________________________

What other facilities are close by? _________________________________
__________________________________________________________________

(Use additional sheets if required)

Please return this completed survey to:
Heart of America Council, BSA
Program Services Department
10210 Holmes Rd
Kansas City, MO  64131-4212
Phone: (816) 942-9333 or (800) 776-1110
Fax: (816) 942-8086
Website: www.hoac-bsa.org